



ONE EMBARCADERO CENTER, SUITE #500 / SAN FRANCISCO, CA 94111 / 415.623.2088 OFFICE
WWW.TFWCHILDRENSFUND.ORG

[Eric's Kids](#) in Accra, Ghana and their Brand New School, as well as the story of buying out ALL of the hand-made bracelets from an Accra Woman's Roadside Stand! Those bracelets were purchased in order to re-sell in the USA to



raise more money for complete the building of the school. Empowering an African Woman in business for herself is tremendous, and all of us took home part of that memory adorned with 1 of her bracelets. Bart, founder of Groundwork Opportunities also shared with us the perils of his recent ["Climb for Cash" up Kilimanjaro](#) also in efforts to raise funds for the kids in Ghana.

We heard directly from Carol Vernal, head of the project to build a Surgical Center and Hospital in the town of Itahari, Nepal. Carol is a nurse from Sonoma County, a normal person just like me and you. Carol visited Nepal, saw a need and decided to fill that need. When we encounter situations of poverty or lack, many of us feel we can't do enough to help or make a difference; that the job is just its too big. I'm challenging you to WAKE UP.....the difference is YOU. [Itahari Hospital "bricks"](#) are available for sale on the tfw website for \$10, \$25, and \$40. Each brick will carry your name, to be placed in the actual hospital during the building. A child or parent who does not even know you will read your name on a waiting room wall and bless you for saving a life. Carol gave away a free trip to Katmandu at her Fall Festival on 9/13. If you missed that opportunity, read the paragraph below!



Angela introduced a new program; [Adults Crossing Cultures](#). She has arranged with 5 of her charitable locations around the globe to offer

Locations include Philadelphia in the at the destination you transfers, meals, children in that Seva to take time to may include cooking, sharing some Yoga of



Personal SEVA (volunteer) Journey's. Ghana, India, Nepal/Tibet, Peru, or USA. Your journey is set on the days you want want. Your personal journey includes flights, lodging and hands-on Seva for 5 days with the location. Add on extra days before or after decompress from your experience. Your Seva teaching, story telling, cleaning, gardening, or Devotion postures with the children!

A big THANK YOU!

To all my sponsors who help make my fundraisers a success – You are The Difference!
Namaste.

LUCY, Peete's Coffee, Fuzio, Landmark Theatres, Papyrus, Chevy's, Sen's – all in my building (Embarcadero Center's 1-4). Cole Hardware, Say Cheese, Positively Haight, Tibetan Gift Shop – in the Cole Valley/Haight area. ACME Bread, Stonehouse Olive Oils, Farm Fresh To You – my Ferry Building Sponsors. Lindsay Robinson, Dan Gonzalez, Michael Alexander and Darren Main for the Awesome GLBT Gift Basket. Mission Cliffs, Boys & Girls Club Artists, Ellen at The Mindful Body, Beata's Amber Jewelry, Naomi Tickle's Face Reading, Tracy Gaffney at Young Living Essential Oils, Meredith Cox Child Astrology, Dusa R. for Massage, All my supporters, Margaret Schulze 'my rock supporter', Trey at Chuck Three Video Productions (my Ace Boon Coon)....a term of endearment for the black culture.

THANK YOU FOR READING, AND REMEMBER - YOGA OF DEVOTION IS YOUR
OPPORTUNITY TO MAKE A DIFFERENCE!